Getting good information requires not only evaluating your sources, but also evaluating your own process and preconceptions.

**AM I BEING FAIR?**

Use these four road-tested strategies from journalism to counter your own biases.

**Be Yourself, But Know Yourself**
Recognize your identity, experiences and emotions. Think about how they affect your views and responses — both for better and for worse.

**Revisit and Revise**
Assume that new facts will emerge and circumstances will change. Be prepared to adjust your own views and responses accordingly.

**Balance Your Brain**

**Never Rely on a Single Source**
Seek out a variety of information to make sure that facts hold up and to gain more than one perspective on the issue.

**Engage with ‘Editors’**
Find people, publications, podcasts, and such that introduce new ideas, challenge your views and force you to sharpen your arguments.

Find a video tour of this tip sheet at NewseumED.org/fact-finder